

*Article*

## Optical Fiber Biosensor toward E-coli Bacterial Detection on the Pollutant Water

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**Abstract.** In this study, Zinc oxide (ZnO) nanorods based fiber optic biosensor has been reported for rapid and sensitive detection of Escherichia Coli (E-coli). A thin layer of Gold nanoparticles (Au) (around 50 nm) is coated on the tip of a multimode plastic optical fiber. ZnO Nanorods are grown on Au layer thorough hydrothermal technique. This sensor showed a very fast response within the first 10 second of contacting the present of polluted water with E-coli Different concentrations of E. coli from (1000 to 4000 CFU/ml) have been tested and a sharp trend of sensitivity was observed. This sensing platform shows promising potential for regular water and food quality monitoring of various pathogenic microorganisms.

**Keywords:** Fiber optic biosensor, E. coli bacteria, ZnO nanorods, Gold(Au) nano layer.

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## 1. Introduction

In the recent decades, the high increase in the production of processed food made it hard to sustain low or minimal occurrence of bacterial contamination [1]. Conventional techniques such as plating, polymerase chain reaction (PCR) and enzyme linked immunosorbent assay (ELISA) methods are reliable for the bacterial detection, but they are very time consuming, laborious, expensive and they need costly lab equipment [2, 3]. Therefore, developing a simple and low-cost technique with rapid response to detect bacterial contamination can be very useful. Several designs have been proposed in literature to reduce the detection cost and improve the device portability. One approach is use a smart phone for fluorescence detection [4]. Though being a practical design, the system still requires high quality film and inserts lenses. Another way to reduce the system cost and complexity is use nanotechnology. This is because nanotechnology could be used to produce accurate, inexpensive, and effective devices for contamination detection such as pathogens and toxins based [5-7]. *E. coli*, *Listeria monocytogenes*, *Salmonella Typhimurium* and *Campylobacter* are pathogenic strains that cause most of the foodborne disease [8]. Some other type of *E. coli* is non-pathogenic. That includes *E. coli* O157: H7, *E. coli* O153:H2 and *E. coli* O92: H33. This type of *E. coli* can cause severe foodborne diseases like diarrhea and acute gastroenteritis [9-10]. Polluted water, unpasteurized milk, meat, and food products are easily affected by the *E. coli* contamination [11]. The infection can affect the patients with low immunity by causing haemolytic uremic syndrome, thrombotic thrombocytopenic purpura, kidney failure, and even death. Culturing as a common method of *E. coli* detection is labor-intensive and thus it may delay the patient's treatment and the required disease control [12]. Thus, it is important to establish a rapid, accurate and sensitive detection method for prevention and control of foodborne diseases caused by the bacteria [13].

Integration of optical fiber-based sensor can present a practical solution for biological sensing especially in inaccessible locations. Its mechanical flexibility allows the fiber to transmit optical signal over a long distance. These properties allow fiber optics-based sensors to be utilized for the detection of different biological species [14]. Combining nanotechnology and optical fiber for optical sensing has been demonstrated in many literatures. For instance, light scattering from ZnO nanorods grown on the side of optical fiber has been used for humidity sensing [15]. The presence of nanorods scatters the incident light at angles larger than the critical angle between the surrounding and the cladding [16]. That allows the excitation of cladding modes inside the fiber. Mechanically polished D-shaped fiber was used to enhance the interaction between the evanescent beam and the nanorods grown on the flat surface for ammonia detection application [17]. Utilizing long period gratings, ethanol vapor sensors were

fabricated with ZnO nanorods grown on optical fibers [18]. Mechanical polishing can be avoided by thinning the optical fiber through thermal tapering prior to ZnO nanorod growth, which allows a larger evanescent tail in the ambient [19].

Recently, utilization of nanomaterial (such as ZnO nanorods) for fiber optic biosensors has been used to improve the sensitivity and biocompatibility of several sensing platforms [20-21]. ZnO has unique properties that make it ideal material for electronics and photonics sensing device [22]. This is due to the absence of centre of symmetry in Wurtzite structure, along with large electromechanical coupling, and wide band gap (3.37 eV) [23]. In addition, high surface area to volume ratio causes highly sensitive and efficient light absorption or electron transfer [24]. Different fabrication techniques for ZnO nanostructures realization were demonstrated including sol-gel technique and hydrothermal method [25]. Hydrothermal method is simple, low cost and has high efficiency [26].

ZnO rods have also been used in combination with gold or silver films or nanoparticles to create a more efficient biosensors based on surface plasmonic resonance (SPR) and surface-enhanced Raman scattering (SERS) optical methods. For example, to detect *Neisseria meningitidis*, a thin film of ZnO was deposited on glass prism, coated with Au nanolayers [27]. The developed SPR biosensors showed good sensitivity in the range of target DNA concentration 10–180 ng/ul [27]. ZnO were used as passive component to reduce losses in the optical signal and better attachment of Au nanostructure in SPR biosensor [28]. ZnO applied on Au nanoparticles layer increases the active surface area and SPR signals. [29-32]. In label-free detection, the detected signal is generated directly with the on-site interaction of the analyte and the respective transducer. Recombination technique of bioluminescent cells and bioluminescent signal on optical fiber is used to detect an *Escherichia coli* strain [33].

Here, hydrothermal method is used to grow ZnO nanorods on a plastic optical fiber tip that is coated with a thin layer of Au for a potential rapid detection of *E. coli* bacteria. In literature the use of ZnO with metal nanoparticle was demonstrated for photoelectrochemical biosensing applications [34]. In this paper, ZnO nanorods are used here mainly to scatter and cause surface optical back scattering which amplitude is strongly dependent on the surrounding. The gold layer is mainly added to increase the reflected signal back to the detector beyond the noise level in order to enhance coupling to the fiber and to reduce ambient effect. The sensing mechanism for the proposed sensor counts on the change of the backscattered light intensity due to the presence of *E. coli* in the solution surrounding the ZnO nanorods. The increase of the solution effective index as well as the deposition of *E. coli* on the rods reduces the amount of scattering and hence increases the signal strength. The orientation of the light source to form large angle minimizes the source effect on the signal. The proposed design is simple, low cost and can be used

for rapid detection of *E. coli* contamination in solution. It is worth mentioning that the work did not include surface functionalization with *E. coli* anti-body due to the lack of the substance at the time of paper preparation. The work however shows a clear possibility for using this technique for future expansion for specificity of detection.

## 2. Experimental Arrangement

### 2.1. Material

A step index Multimode plastic optical fiber (core diameter 125  $\mu\text{m}$ , FT-430 M-10,10TND, CG20) was used in the experiment. For the hydrothermal growth, Ethanol [ $\text{C}_2\text{H}_6\text{O}$ , 99.7% purity], Zinc acetate dehydrate [ $(\text{Zn}(\text{CH}_3)_2 \cdot 2\text{H}_2\text{O})$ , Merck, 99. % Purity], Zinc Nitrate [ $\text{Zn}(\text{NO}_3)_2 \cdot 6\text{H}_2\text{O}$ , Aldrich, 99%] and Hexamethylenetetramine [ $\text{CH}_6\text{N}_4$ , Carlo Erba, 99.5%] were used. To enhance the reflection signal, a thin layer of Gold (Au) nanoparticle was sputtered to an approximate thickness of 50 nm. The test samples were prepared by a mixture of *Escherichia coli* (*E. coli* ATCC25922), and deionized water.

### 2.2. Synthesis of ZnO Nanrods

To grow ZnO nanorods on a plastic optical fiber (POF), a modified hydrothermal growth method was used as suggested by Ref [33]. The process starts by seeding the substrate with ZnO nanocrystals followed by a controlled hydrothermal growth process [35]. For the seeding process, 1mM zinc acetate solution prepared in 20 ml ethanol was used. The cleaned fibers were then placed on a hot plate at 60° C. A 100  $\mu\text{l}$  solution of the zinc acetate was then dropped on the fiber for several times. The hydrothermal growth of the nanorods on the tip of the fiber was prepared by a solution containing 10 mM zinc nitrate hexahydrate and 10 mM hexamethylenetetramine. The sample was then kept in the prepared solution inside an oven at 95°C. The process time was set to eight hours based on earlier published research work by the authors. In order to maintain a constant growth rate of the nanorods, the solution was replaced every five hours. Finally, the fiber tip with ZnO nanorods growth was rinsed thoroughly with DI water to wash the residues.

### 2.3. Fabrication of Optical Fiber Biosensor

The probe of fiber optic biosensor was fabricated using a multimode step index coreless plastic fiber (POF). First, the polymer protection layer of the POF was removed. The fiber tip was then polished uniformly. The plastic fiber (without coating layer) was then thoroughly cleaned with deionized water and methanol. It was then dried at the 25°C. Second, a 50 nm Gold (Au) layer was sputter coated on the plastic fiber. To do so, a thin

chromium (Cr) layer ( $\sim 5$  nm) was first deposited on the optical fiber surface to provide stronger attachment of Au in the sputtering process. The coated fibers were then seeded with zinc acetate as in the synthesis process. However, in order to have a uniform surface coating, the process was repeated for seven times at a speed of 9 rpm. Finally, ZnO nanorods were grown using the modified hydrothermal method explained in Section 2.2. Figure 1 shows a schematic diagram of the fabricated fiber based optical sensor. The figure shows the two main mechanism of the sensor where the incident light is refracted from the side at a large angle where it should be generally totally internally reflected at the tip and leak from the other side. The present of ZnO rods however allows backscattering to be guided and collected by the fiber. The Gold layer pushes the small reflected signal with an DC level in order to reduce the detection noise.

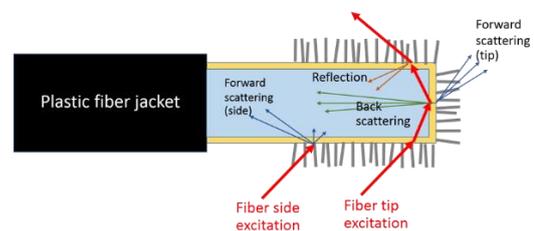


Fig. 1. The fabricated schematic of Optical fiber with Au layer and ZnO Nrs.

### 2.4. Bacteria Cell Preparation

*E. coli* were grown on a nutrient agar plate at 37°C for 24 hours. A loop full seed of microorganisms on nutrient agar plate was inoculated into a 250-ml shaking flask containing 50 ml of nutrient broth medium. The flask was cultivated for eight hours at 37 °C on a rotary shaker operating at 110 rpm. The bacterium cells were then harvested by centrifugation at 12000g for 5 minutes at 4 °C and washed twice with 0.9% saline solution. The resulting cells were transferred in sterile saline and the optical density (OD600nm) of the suspension was adjusted at 0.13 which is equal to  $1.5 \times 10^8$  CFU/ml.

### 2.5. Experimental Characterization Setup

A schematic diagram of the optical characterization setup to test the response of the proposed biosensor is shown in Fig. 2. As shown in the figure, the prepared POF with Au layer and ZnO nanorods is placed inside the glass chamber. The chamber is filled with water polluted by *E. coli*. Polychromatic unpolarized light from a fiber coupled Tungsten Halogen source (Ocean Optics, HL-2000, wavelengths range, 360 -2400 nm, output 6.7mW) is aligned such that the light is incident at the flat POF tip at an angle of 45° through the transparent glass chamber. The output signal is collected from the other side of the POF. The signal is sent to an optical spectrometer (Avaspec-uls2048\*64 TEC-EVO, Wavelength range 200 -1160 nm, Resolution, 0.09-20nm). The angle is selected based on earlier optimization for

back scattering by the ZnO nanorods [35]. The reflection of the scattered light from ZnO nanorods at varied concentration of the polluted solution is recorded.

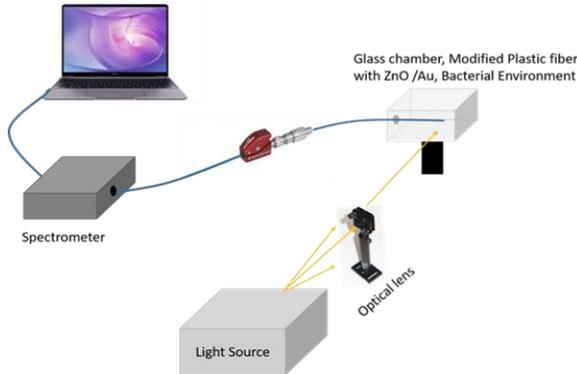


Fig. 2. The proposed optical setup to detect *E. coli* by the optical fiber sensor.

### 3. Results and Discussion

The thickness of the deposited Au layer on the tip of the plastic fiber is estimated to be approximately 50 nm [36]. This thickness was selected since it is within the optimum range for obtaining SPR signal after light propagation in the gold film. When the SPR is not utilized, this thickness ensures a sufficient signal strength to reach the nanorods while sustaining enough DC level to avoid the noise limit of the detector. The growth time of ZnO nanorods on the tip of plastic fiber is set at optimum duration of eight hours, based on the authors' previous work [36]. The growth condition is optimized to maximize the backscattering. SEM images of the grown ZnO are shown in Figs. 3(a)-(b). The images show a uniform ZnO nanorods growth and acceptable aligned. A clear SEM image of the tip could not be obtained due to technical difficulty in the SEM session. However, it is clearly shown that the ZnO growth extends to all sides of the fiber. This can have negative and positive effects on the results. It also allows for side excitation of the signal inside the fiber. The extension of the rods to the side contributes to more leakage and hence lower signal. On the other hand, it does enhance the contrast due to the change in backscattering light caused by the presence of *E. coli*. Figure 3(c) shows the XRD graph of hexagonal wurtzite morphology of ZnO nanorods. The maximum XRD peak intensity is found at 34.42° corresponding to the 002 plane of ZnO. This indicates that the grown ZnO nanorods is mostly oriented along the [002] direction.

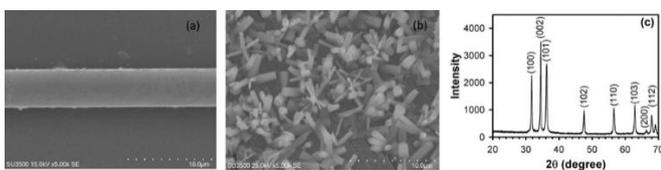


Fig. 3. (a) SEM images of ZnO nanorods on the Au surface top view, (b) cross Section, (c) XRD pattern

In the experiment, the incident light refracts (neglecting lensing effect of the fiber side) on the tip at large angles (larger than the critical angle). The presence of the ZnO nanorods on the tip of the fiber causes two forms of scattering: forward and backward. Forward scattering tends to reduce the reflected signal. The back scattered light reaches the detector (the cone that forms large angles with the side of the fiber). The part of the light that total internally reflected from the tip leaks strongly due to the small angle it forms with the fiber side. Hence, it has minimal effect at the detector. The growth of ZnO on the sides can as well enhance the leakage of this signal. It is typically desired to have backscattering signal only. Since backscattering signal can be weak, a gold layer was added to slightly increase this background signal beyond the detector noise limits. The total background power caused by this mechanism is referred to as  $P_R = P_{fr} - P_{fwd}$ . Here,  $P_{fr}$  is the power that reaches the detector due to only Fresnel reflection off the fiber tip (without rods).  $P_{fwd}$  is the estimated reduction due to forward scattering of the rods at the fiber tip and sides. Backward scattering,  $P_{bkd}$ , on the other hand is assumed to be guided to the other end of the fiber and reaches the detector due to the large angle it makes with fiber sides. The total recorded power in this case is defined as:

$$P_{total} = P_{bkd} + P_{fr} - P_{fwd} \quad (1)$$

The main hypothesis behind the selected configuration is to minimize the effect of tip reflection  $P_R$  due to the strong leakage while propagating to the output tip within a power limit above the noise level. That should hypothetically enhance the contrast of the backscattering signal and, hence, the sensitivity of the device. Practically, the divergence of the incident beam as well as the non-uniformity of the POF tip might cause higher reflected signal than desired. This increases the effect of the forward scattering on the detected signal. In principle, the Fresnel reflection term ( $P_{fr}$ ) and the forward scattering reduction can be written as:

$$P_{fr} - P_{fwd} = P_0 (R - Csc) \exp(-\alpha L) \quad (2)$$

Here,  $R$  and  $Csc$  are the Fresnel reflectance and forward scattering coefficients. The constant  $\alpha$  is the leakage coefficient due to reflection at the side of the fiber and  $L$  is the POF length. Hence, theoretically the term in Eq. (2) should be maintained at a minimal effect only to a limit above the noise level.

In this study, to characterize the fiber optic biosensor, the reflection spectra from the light scattered by the nanorods are obtained for different concentrations of *E. coli* (1000, 2000, 3000, and 4000 CFU/ml). To have more comparative results, ZnO nanorods were grown in the middle part of plastic fiber using the same growth methodology and characterization technique. Also, to be more accurate in collecting data, an Au layer on optical fiber has been used to detect *E*

Coli. concentration substantially. It is worth mentioning that different concentration of E. coli bacteria was dissolved in water and the amount of dissolved bacteria in water colony is converted to CFU/ml as explained in part 2.4.

The spectra of the different concentrations of E. coli obtained from the tip and middle parts of optical sensor (Au/ZNO/fiber) are shown in Figs. 4(a)-(b). These graphs are calculated as the difference between the measurement with ZnO nanorods and a control measurement with only Au coating for each concentration. All the diagrams were recorded after the first 10 second of adding the solution in the flow cell. This time value was obtained from experimental observation for measurements obtained from 1 to 60 seconds. During the observation there were no obvious changes in the recorded spectrum after 10 seconds. It can be observed that the spectrum shows higher intensity as the concentration of E. coli increases. It is shown that the signal collected by the tip excitation is higher compared to side excitation from the middle part. This can be attributed to stronger back scattering from the tip for the eight-hour growth condition. However, side coupling solely depends on forward scattering. The increase of E. coli concentration mainly increases the effective index of the layer near the ZnO rods due to the increase probability of E. coli deposition there. Hence, forward scattering is expected to reduce, and more light is back scattered/reflected.

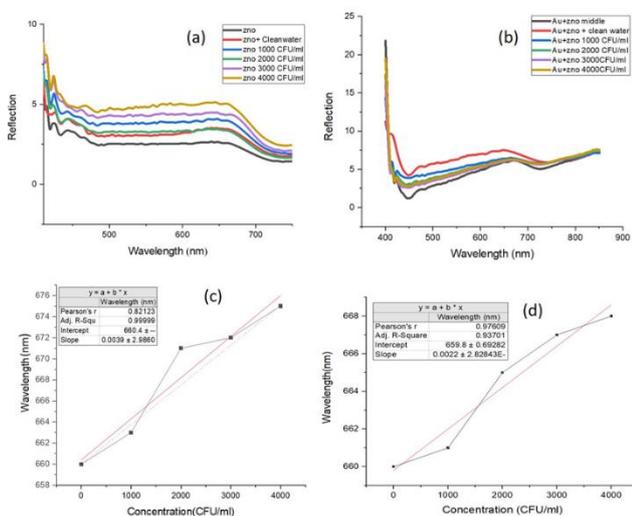


Fig. 4. (a) the reflection scattering spectra from different concentration of E-coli bacteria in the water in contact to the tip of optical fiber (Au/ZnO nanorods/plastic fiber) at visible wavelength (b), the spectra peak for Middle part of optical fiber (Au/ZnO nanorods/plastic fiber). (c) Proportional shift in of Au/ZnO/Fiber optic sensor vs. concentrations of E. coli along with standard deviation as error bars. (d) Proportional shift in of Au/ZnO/Fiber optic middle part of Fiber.

In Figs. 4(c)-(d), the shift of the anomalies near 650 nm were investigated versus the effect of the E. coli concentration. The corresponding shift for different E.

coli concentration by the Au/ ZnO nanorods optical fiber-based sensor shows larger slope for the fiber tip compared to the side excitation ( $3.9 \cdot 10^{-3}$  compared to  $2.2 \cdot 10^{-3}$  nm/CFU/ml). This anomaly might not be due to surface plasmon resonance (SPR) between the coated gold layer and the ZnO/water/E.Coli interface. Using Fabry-Perot analysis of a thin gold film, the calculated SPR excitation around 650 nm at the designated incident angle theoretically requires a cladding effective index around 1.2. This cannot be the case due the higher refractive indices of both ZnO and water. Also, it is most likely not due to the increase in the absorbance by the E. coli as for the used concentration, E. coli absorption in this wavelength range is small and nearly flat [37]. Hence, the anomaly can be mainly due to the change of the contribution of the electrical dipole in Mie scattering by the ZnO rods with the presence of E. coli. The fact that E. coli has an average length of approximately 2  $\mu\text{m}$ , could as well enhance the backscattering.

For the intensity modulation, the graphs in Figs. 5(a)-(b) demonstrate the average reflectance measured by averaging the measurement over a wavelength range from 500nm to 600 nm. The plots show almost linear increase with the concentration of E. coli. The slope for the tip excitation is clearly higher than that of side excitation ( $4.4 \cdot 10^{-4}$  compared to  $2.5 \cdot 10^{-4}$  unit/CFU/ml). Both wavelength shift and intensity modulation measurements show higher sensitivity for the tip excitation compared to side excitation. The slope in both schemes is around 1.7 times higher for tip excitation.)

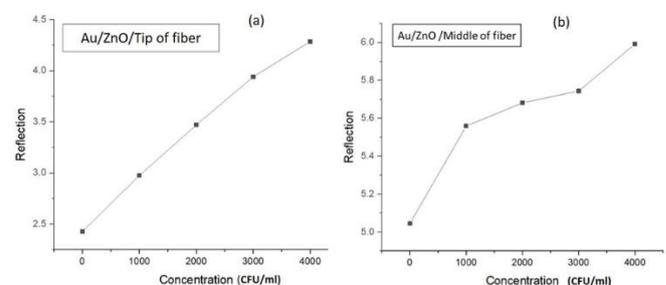


Fig. 5. (a) Different concentrations of E.coli Vs reflection for the tip of fiber, (b) middle part of fiber.

#### 4. Conclusion

This work demonstrated the utilization of light scattering by ZnO nanorods coated on the POF tip for rapid detection of E-coli in water. A thin layer of gold was coated on the fiber to slightly increase the background signal beyond the detector noise limit. Both backward scattering from the fiber tip as well as side forward scattering by side excitation showed almost linear increase of the total reflection with the increase of E. coli concentration. Though, scattering by the fiber tip showed higher sensitivity, 1.7 times, compared to side excitation. This optical biosensor is a simple and low cost system utilizing simply hydrothermal growth of ZnO nanorods with good uniformity that was confirmed by SEM and XRD analysis.

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